



O.P. Jindal Global University
A Private University Promoting Public Service



**Jindal School of Government
and Public Policy**
India's First Public Policy School

Jindal School of Government and Public Policy

cordially invites you to an

Open Lecture

on

Mental Health within Health and Public Policy

by



Professor Shekhar Saxena

Professor of the Practice of Global Mental Health
Department of Global Health and Population

Shekhar Saxena is Professor of the Practice of Global Mental Health at the Department of Global Health and Population at the Harvard T. H. Chan School of Public Health. A psychiatrist by training, he served in the World Health Organization (WHO) for 20 years beginning 1998. From 2010 to 2018 he was the Director of the Department of Mental Health and Substance Abuse at WHO. Author of more than 300 academic papers, he was an editor of the Lancet Series on Global Mental Health 2007 and 2011, and the Lancet Commission on Global Mental Health and Sustainable Development 2018. His expertise includes providing evidence-based advice and technical assistance to policy makers on mental health promotion and prevention and management of mental, developmental, neurological and substance use disorders and suicide prevention.

Abstract

Mental health is recognized to be an integral component of health; however, recent evidence suggests that it is very closely linked to overall development of societies. Inclusion of mental health and wellbeing within the United Nations Sustainable Development Goals provides the highest level political commitment to these issues. The session will present information on mental health to be seen as a dimension, the high and rising burden of mental disorders, the economic cost of poor mental health and evidence on interventions for promotion, prevention and treatment. It will also discuss the recent advances in policy directions on mental health globally and particularly in India, including compliance with international human rights conventions (e.g. Convention on the Rights of People with Disabilities). Some of the barriers on implementation of these policies will be examined and emerging opportunities identified. A case will be made for increased awareness and integration of mental health issues within health and public policy discussions at all levels of governance.

Wednesday, 11 March 2020 | 2:30 p.m. – 4:00 p.m.

T1, F14, Big Bang Conference Room

O.P. Jindal Global University, Sonapat - 131001, Haryana (NCR of Delhi)

RSVP: Ms. Drishti Malik, JSGP, +91 8396902596, dmalik@jgu.edu.in