To facilitate students, faculty & staff to maintain physical and mental health wellness by providing:

**HEALTH CENTRE**

Patient-focused healthcare to provide holistic and evidence based primary healthcare to the JGU community distinguished by excellence, collaboration, compassion and respect.

To facilitate students, faculty & staff to maintain physical and mental health wellness by providing:

- **PRIMARY HEALTHCARE**
  for comprehensive health needs

- **WELL-COORDINATED FIRST AID**
  for immediate assistance

- **WELL EQUIPPED AMBULANCE**
  for emergency medical services

- **REFERRAL TO MULTISPECIALITY HOSPITALS**
  for specialist consultation/emergency

- **CREATING AWARENESS**
  on wellness, prevention & early detection of diseases

- **PROMOTING HEALTHY LIVING PRACTICES**
  through lifestyle modifications

Contact:

- **Helpline No.** +91 8930110722
- **Email:** healthcentre@jgu.edu.in
- **Website:** www.jgu.edu.in
Indoor and Flu wards are fully equipped with MGPS system, Multipara Monitors, ECG Machines, Ventilators and Defibrillator to handle any emergency at the JGU campus. Patients affected with any contagious disease are kept under observation in a Flu ward, to reduce transmission risk.

Headed by an eminent consultant surgeon, an experienced retired civil surgeon and a team of well experienced residential medical officers are available 24/7 for providing health services to the JGU community with care, compassion and commitment.

For convenience, a pharmacy shop, managed by professional pharmacists, is located in front of the Health Centre, operational 24/7 for the entire JGU community.

Indoor, Flu Ward and Isolation Facilities
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Referral Services to Multispeciality Hospitals

- **SONIPAT**
  - BHATLA HEART & GENERAL HOSPITAL
  - FIMS HOSPITAL
  - TULIP HOSPITAL

- **NEW DELHI**
  - APOLLO HOSPITAL
  - FORTIS HOSPITAL
  - MAX HOSPITAL

Diagnostics Collection Centres

- **DR. LAL PATHLABS**
- **AYUSHMAN DIAGNOSTICS**
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Well equipped fleet of ambulances for transporting of patients to multispecialty hospitals if required.

### Year wise data of patients attended by Health Centre

<table>
<thead>
<tr>
<th></th>
<th>2016-17</th>
<th>2017-18</th>
<th>2018-19</th>
<th>2019-20</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patients attended</td>
<td>19654</td>
<td>16210</td>
<td>16989</td>
<td>19394</td>
</tr>
<tr>
<td>Consultant referrals (OPD)</td>
<td>535</td>
<td>413</td>
<td>748</td>
<td>524</td>
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<tr>
<td>Investigations</td>
<td>694</td>
<td>565</td>
<td>520</td>
<td>413</td>
</tr>
<tr>
<td>Patients kept under observation at Health Centre</td>
<td>497</td>
<td>792</td>
<td>956</td>
<td>1217</td>
</tr>
<tr>
<td>Patients referred to Multispeciality Hospital</td>
<td>52</td>
<td>51</td>
<td>36</td>
<td>63</td>
</tr>
<tr>
<td>Physiotherapy Sessions conducted</td>
<td>2983</td>
<td>3634</td>
<td>3407</td>
<td>4123</td>
</tr>
</tbody>
</table>

### Defibrillator

Restores a normal heartbeat by sending an electric pulse or shock to the heart. It is used to prevent or correct an arrhythmia, a heartbeat that is uneven or that is too slow or too fast, and to restore the heart’s beating if the heart suddenly stops.

### 12 Channel ECG Machines

Twelve channel ECG Machines, which are robust heart screening devices with built in real time age analysis making it more reliable. The ECG system can take print out in 12 ch, 6 ch and 3 ch for interpretation of Conduction, Hypertrophy, Ischemia, Infarction and basic arrhythmia.

### Ventilator

Moves breathable air in and out of the lungs, to provide respiration to a patient physically unable to breathe, or breathing insufficiently due to illness.

### Multipara Monitors

Patient monitoring systems are indispensable part of critical care. They provide a comprehensive understanding of a patient by giving a broader monitoring scope by providing readings such as heart rate, central venous pressure, non-invasive blood pressure, ECG, SpO2 and invasive blood pressure and temperature. In lieu of that, each bed has been provided with Multipara monitor.

### Suction Machines

Suction apparatuses, both electrical and foot are appliances that are used to remove substances such as blood, saliva, mucus, and vomit from a person’s airway. A portable suction unit can prevent pulmonary aspiration and facilitate breathing.

### Autoclaves

Autoclave machines are used for sterilizing instruments, OT sheets, gauze, cotton etc. for use in dressing cum minor OT room.

There is an Emergency Room fully equipped with MGPS, Suction Machine, ECG Machine, Multipara Monitor, Ventilator, and Defibrillator with all emergency medicines required in case of any emergency. This room is used for seriously ill patient if any, for providing urgent medical aid as required. Once stable, the patients are then shifted to Indoor units which are also “fully equipped”.

**Physiotherapy unit is managed by a team of highly skilled and experienced physiotherapists. Physiotherapists are encouraged to do manual therapy, however we also have the following machines:**

1. Ultrasonic machine for use in soft tissue injuries.
2. Combo-Machines used for musculo-skeletal and neurogenic pain relief.
3. Kinesio Tapes used for stabilization of joints as in sprain, strain etc.
5. Foam Roller for soft tissue injuries and balancing.
6. Thera Bands and weights for strength training.
7. Y-Board for balance training and strength training.